



Bowie Location
4000 Mitchellville Rd. A414
Bowie, MD 20716

Electrocochleography (ECOG)

The Electrocochleography (ECOG) test is a diagnostic tool that measures responses from the inner ear to aid in the diagnosis of cochlear hydrops or Meniere's disease. Diagnostic criteria for Meniere's disease also typically includes the following symptoms: hearing loss, tinnitus, aural fullness, and episodic dizziness.

Instructions:

On the day of the test you will be asked to lay flat and relax, while electrodes are placed on your forehead and in your ears. You will hear loud clicking sounds throughout the test, but no response is required from the patient. The more relaxed you are during the testing, the easier and faster the test will be. We encourage you to close your eyes and try to sleep

Please read the following instructions and restrictions carefully. *If you do not follow the instructions, the results of the test will be invalid.*

1. Avoid caffeine, alcohol, and nicotine 24 hours prior to testing
2. DO NOT wear thick lotions or make-up on your face
3. Discontinue use of diuretics or decongestants if possible 48 hours prior to testing.

****If you need to cancel this appointment and do not give 48 hours notice, you will be charged a cancellation fee****

Please call Jenny at (301) 860-0985 ext. 7